#### **Supplies**



Teachers will tell you what supplies you'll need for their class on the first day, but here's a general list of what we would recommend.

- -Notebooks or binders (whatever fits you best!)
- -Planner
- -Pencils, pens, and highlighters
- -Calculator
- -Earbuds or headphones
- -Electronic device (to access online work)



#### Find Food & Friends: How the Cafeteria and Lunch Work

The cafeteria at the school sells both breakfast and lunch items. If you're in a rush in the morning, feel free to grab a bite before your first period begins. For lunch, some students bring their own, while others buy a school lunch. The way lunch works is that there are waves.

At the beginning of the school year, your teacher, for the class that meets during your lunch period, will inform you of your lunch wave.

There will only be two lunch waves in the 2022-23 school year. Lunch will be served during Periods 6 and 4.

Communicate with your friends which lunch wave you are in so that you can find those who share the same lunch period and enjoy lunch with them.



# Contact Information and Helpful Links

- -Joel Barlow Homepage: www.joelbarlowps.org
- -Main Office Phone Number: (203) 938-2508
- -Attendance Line: (203) 938-2508, ext. 1222
- -Assistant Superintendent and Head of School: Mario J. Almeida, Ed.D. malmeida@er9.org, ext. 1501
- -Assistant Principal to the 9th & 12th graders: Jason Schemm, jtschemm@er9.org, ext. 1506
- -Assistant Principal to the 10th & 11th graders: Dameon Kellogg, dkellogg@er9.org, ext. 1505
- -Secretary to Administration and Student Activities: Karen Bender, <u>kbender@er9.org</u>, Mrs. Bender's office is across from the College & Career Center.
- -Director of Special Services: TBD, ext. 1545
- -Athletics Administrator: Michael Santangeli, msantangeli@er9.org, ext. 1507
- -Athletics Secretary: Cheri Scull, <u>cscull@er9.org</u>, ext. 1529
- -Nurse: Valerie Itah, vitah@er9.org, ext. 1513
- -Bus Company and Phone Number: First Student, (475) 470-0373
- -First Student Location Manager: Elaine Reynolds, (475) 470-0373
- -ER9 Transportation Coordinator: Deena Robushi, (203) 261-2513, ext. 110
- -PowerSchool: https://er9.powerschool.com/public/
- -TurnItIn: https://www.turnitin.com
- -Cafeteria Menu: <a href="https://er9.nutrislice.com/">https://er9.nutrislice.com/</a>

### FALCON TO FALCON 2023-2024



### Helping New Students Soar into JBHS

Compiled by TLC\*
\*Teen Library Council and
the Easton Public Library





#### Easton Public Library Resources

The Easton Public Library has many homework and research resources for high school students. Scan the QR code above to access these useful resources. The Library also has a sizable nonfiction physical and digital collection to use for research. Find out more on our website: <a href="www.eastonlibrary.org">www.eastonlibrary.org</a>

## Advice from Barlow Students



Dear incoming freshmen,

We know the transition from 8th to 9th grade can be overwhelming. To give you a greater sense of confidence going into high school (wow!), we've compiled some resources to help pave the way to an awesome first year. But first, here is some general advice from one Falcon to another to help set you up for success in the upcoming school year:

- -Check your er9 school email account and Google Classroom on a daily basis. They are the main methods used by teachers and the administration to communicate important information.
- -Walk on the right side of the hallways. Upperclassmen will be grateful, and it ensures that people aren't late to class because of traffic.
- -Develop an organization system that works for you, and use a planner to keep track of homework and afterschool activities. An example of a common organization system is having one notebook and folder for each class.
- -Use Barlow's resources! Go to the Writing Center, Math Center, Student Services, the Library, and extra-help sessions from teachers. They are there for you to succeed. Don't be afraid to contact your teachers and counselor—they want to hear from you!
- -Use your locker throughout the day, and don't stuff your backpack to the brim. Make sure not to leave your phone or laptop in your locker without a lock, which is available from Data Processing.
- -Be your own advocate. When you're absent or confused on a topic, reach out to a teacher or classmate. The sooner the better! If you don't, it's easy to fall behind.
- -Get involved! Extracurriculars and athletics are great ways to make your high school experience more meaningful. Many students stay after school to meet with a teacher, work in the Library or Writing Center, or participate in a sport/club.

- -Put away your phone/other distractions while studying. Find a place where you can spread out your work. Study alone and with friends; studying with a group can be a great way to prepare for a test.
- -Don't burn yourself out by overdoing work. You'll get stressed, and as a result, your work will likely suffer. Find a balance between classes, extracurriculars, athletics, homework, and relaxation. You CAN do it!
- -Don't wait until the last minute to do assignments. Make a plan when a project or essay is assigned, and stick to it! You can ask for extensions, but most teachers require 24 hours notice.
- -Do every homework assignment. It's all important! Save homework, classwork, and handouts of a unit until the test, and use them to study. THEN, keep it in an organized location at home or in a binder until exam time. Do not throw anything out!
- -Check your grades in PowerSchool on a regular basis. Communicate with teachers if you don't understand your grades, and make sure you're not missing any assignments.
- -Don't stress! Transitioning into high school is overwhelming at first, but once you settle into a routine, we promise it will feel like home.
- -Use your study hall(s) wisely. Though you may want to socialize during this time, using it to complete homework or get ahead on assignments will be very beneficial in the long run.

#### Best of luck! TLC



See the Falcon to Falcon page on the Easton Public Library's website for even more information!

www.eastonlibrary.org/falcon-to-falcon

#### Sample Schedule

Davs 1 & 5	Davs 2 & 6	Days 3 & 7	Davs 4 & 8
drop 1 & 2	drop 3 & 4	drop 5 & 6	drop 7 & 8
Period 3	Period 1	Period 1	Period 1
7:30 - 8:25	7:30 - 8:25	7:30 - 8:25	7:30 - 8:25
Period 4	Period 2	Period 2	Period 2
8:30 - 9:25	8:30 - 9:25	8:30 - 9:25	8:30 - 9:25
Community Minutes 9:25 – 9:40	Community Minutes 9:25 – 9:40	Community Minutes 9:25 – 9:40	Community Minutes 9:25 – 9:40
Period 5	Period 5	Period 3	Period 3
9:44 – 10:39	9:44 – 10:39	9:44 – 10:39	9:44 – 10:39
Period 6	Period 6	Period 4	Period 4
Lunch*	Lunch*	Lunch*	Lunch*
10:43 - 12:08	10:43 - 12:08	10:43 - 12:08	10:43 - 12:08
Period 7	Period 7	Period 7	Period 5
12:12 - 1:07	12:12 - 1:07	12:12 - 1:07	12:12 - 1:07
Period 8	Period 8	Period 8	Period 6
1:12 - 2:07	1:12 - 2:07	1:12 - 2:07	1:12 - 2:07
*Lunch Rotations			
1st Lunch 10:39 - 11:09 Class 11:13 - 12:08			
Class 10:43 – 11:38, 2 <sup>nd</sup> Lunch 11:38 – 12:08			

The above schedule may look confusing but, rest assured, you will get the hang of it in no time.

### Google Classroom, Turnitin.com, and PowerSchool

A majority of classwork has gone digital, making Google Classroom the primary way for teachers to collect work. On Google Classroom, you will find that each of your assignments will have a due date, so make sure to turn in all assignments on time. For papers and timed writes, teachers often use Turnitin.com as the submission platform. The reason for this is because it has a very accurate plagiarism checker. Just as with Google Classroom, every assignment on here will have a duedate. Grading is done entirely through PowerSchool. On PowerSchool, you will be able to access your grades for each quarter, semester, and exam. It is important to know that each teacher weighs categories of work (tests, quizzes, classwork, etc.) differently, so reading their syllabus on PowerSchool is essential. Make sure to check with teachers if you don't understand a grade; it's possible for teachers to make mistakes they'll be happy to fix!